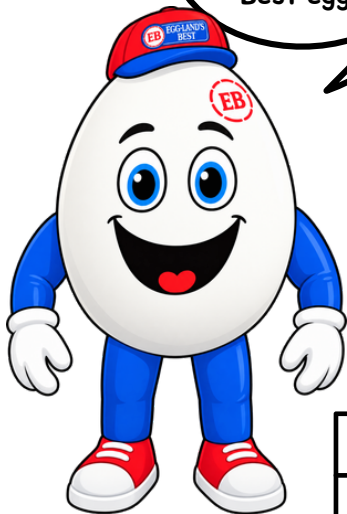


Hi, I'm Eggie! Let me introduce you to Eggland's Best eggs.



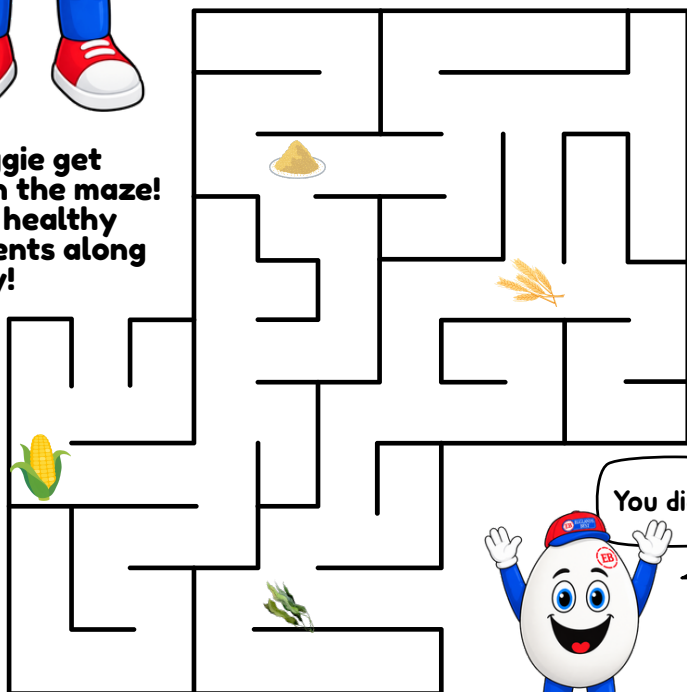
Today I learned all about delicious Eggland's Best eggs with Captain & Cat!



EGG-LAND'S BEST



Help Eggie get through the maze! Collect healthy ingredients along the way!



Eggland's Best feeds their chickens the best foods because healthier diets make healthier chickens who lay healthier eggs. Their chickens eat ingredients such as corn, grains, rice bran, and sea kelp!



Corn



Grain



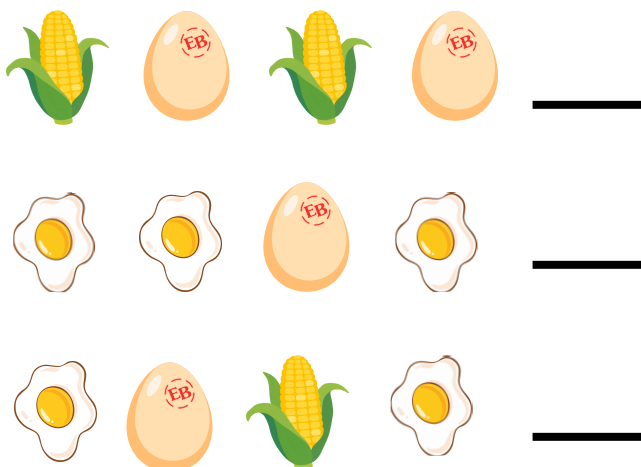
Sea kelp



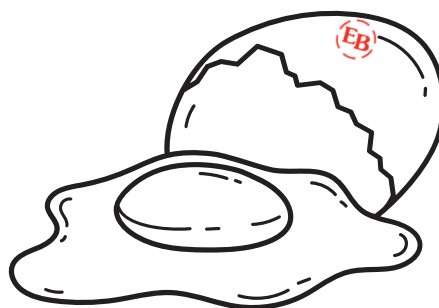
Rice bran



Draw what comes next in these patterns!



Do you know the parts of an egg? Draw a line to label them!



Shell

White

Yolk



Discover more about Eggland's Best!

Learn more with Captain & Cat!





Match the parts of the body and see Eggland's Best egg nutrition:

Brain - Choline

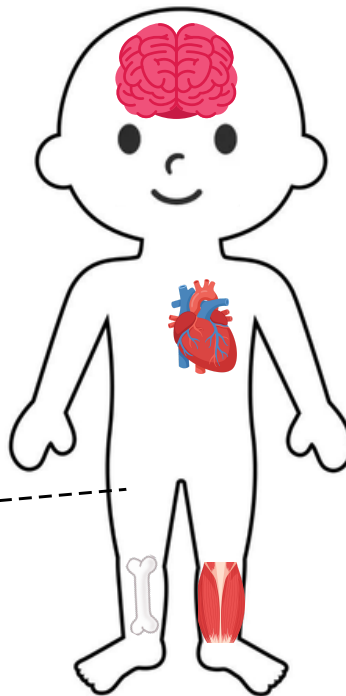
Eyes - Lutein

Bones - Vitamin D

Heart - Omega-3

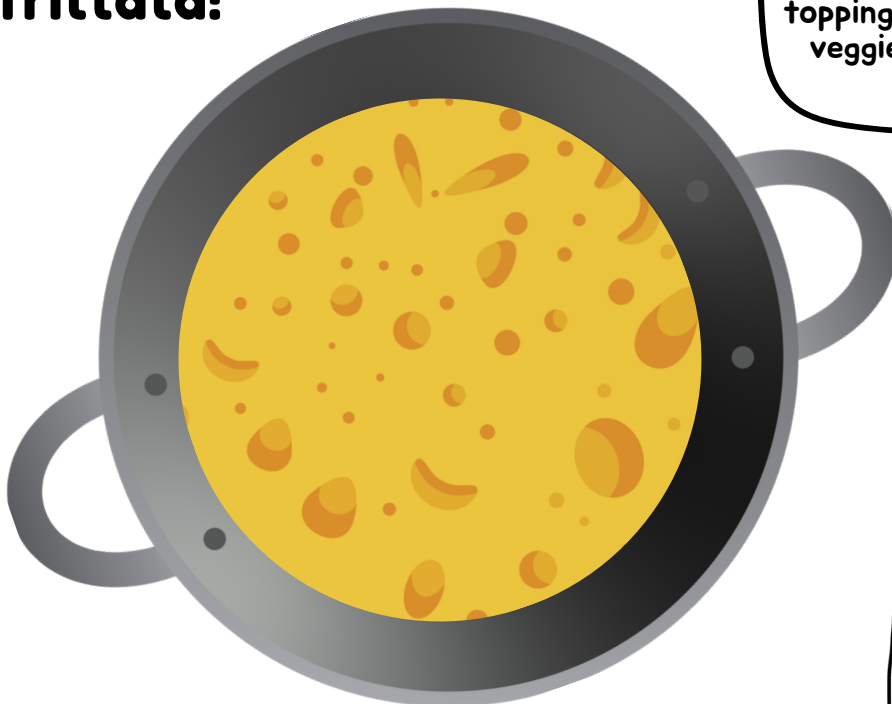
Skin - Vitamin E

Muscles - Protein



Choose your toppings and draw your own funny face frittata!

Frittatas are egg dishes with any of your favorite toppings. I made a funny veggie face on mine!



Did you know!?

Compared to ordinary eggs, Eggland's Best eggs have

- 6x more Vitamin D
- 10x more Vitamin E
- Over 30% more Lutein
- More than double the Omega-3s
- More than double the Vitamin B12



Discover more about Eggland's Best!

Learn more with Captain & Cat!

